

ISSUE:1

VOLUME:1

**WE BUILD
OUR FUTURE**



**PGP IN
NURSING**

FROM THE CHAIRMAN'S DESK



I have great pleasure in congratulating the members and the Principal of our 'PGP Nursing College' for having come forward to publish 'NURSING DIGEST'. Since our Nursing College has embarked on several educational, social and cultural activities as part of their learning process, Nursing Digest is an innovative concept to disseminate these to others.

I believe this Nursing Digest will display complete profile of the activities carried out in the college.

Nursing profession is a noble profession and nursing education has become a very crucial element of health management in today's world. Trained nurses both male and female are the key element in medical field. Their contribution is very critical and significant and I am hopeful that the Nursing Digest will become a great medium to highlight its activities. I am happy about this initiative and I wish Nursing Digest a great success. I am certain it will emerge as an important tool to improve the image of the Nursing College.

I wish the Editorial Team a great success !!

DR.PALANI G PERIASAMY, M.A, M.A, Ph.D
Chairman, PGP Group of Educational Institution

APPRECIATION, ACHIEVEMENTS AND AWARDS

CERTIFICATE OF APPRECIATION FOR TB DAY SKIT

The students of B.Sc (N) IV years won appreciation certificate for their outstanding performances on an account of World TB Day celebration at Namakkal Medical College Hospital on 24.03.2023. They have received the award from Dean ,Namakkal Medical College .



CERTIFICATE OF APPRECIATION FOR PSY QUIZ

Ms.Kavipriya and Ms. Subhashini of IV year participated ATHMA ROLLING TROPHY Psychiatric Quiz Competition for Final year Nursing Students on 11.03.2023 Saturday. Both received certificate of appreciation by Managing Director of Athma Hospital.



WON ICON OF PGP IN THE INTRA-COLLEGE COMPETITIONS

The students of PGPCONR won the First Place in the Intra Collegiate Cultural competitions organized by PGP College of Education. They won the Title of ICON of PGP 2023



APPRECIATION, ACHIEVEMENTS AND AWARDS

UNIVERSITY EXAMINATION RESULTS

Strenuous coaching and guidance given to the students by the teachers resulted in Final years got 100% pass percentage in the University Examinations. 18 students got distinction mark in major subjects. III years got 98 % pass percentage in the University Examinations.



CERTIFICATE OF APPRECIATION

Medical Superintendent, Namakkal Medical College Hospital issued appreciation certificate to Mr. Prasath Nursing Tutor for his contribution towards the active participation in TB day Programme.



INDUCTION AND YOGA TRAINING

FRESHERS WELCOME NOVEMBER 2022

College of Nursing inducted its 16th batch of B.Sc (N) on 05-11-2022. The Principal welcomed the students and gave brief notes about the college and highlighted the achievements and awards won by the students and the facilities available for them in campus. The students were then, instructed about the rules & regulations of the institution by Mrs. Vashumathi, Vice Principal. An inaugural address was delivered by Mr. M. Ganapathy, correspondent of the PGP Group of Educational Institutions. In his speech he encouraged the students to develop self-confidence. Dean (AA) Felicitated all the nursing buds.

YOGA TRAINING

The New students of the college 2022-2023 batch are given training for yoga and meditation. This action was coordinated with the Yoga College. This yoga and Meditation is based on the Mindfulness technique to experience self-awareness, greater focus, and silence. The sessions of Yoga and meditation are conducted regularly. The practice helps a lot to refine the students and make them realize the importance of mental and spiritual health and stress free life.



CAREER GUIDANCE AND PLACEMENT

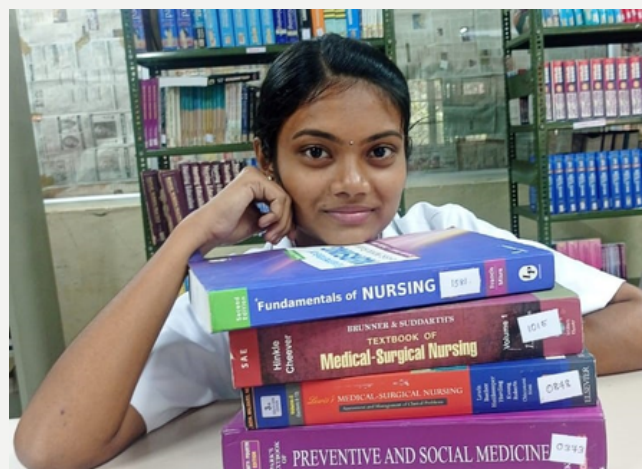
Career Guidance session - was arranged for our III year and IV-year Nursing Students. We have invited the Speaker: - Mr.Parthasarathy, writer, and composer, has given a wonderful speech regarding how to improve English conversation and scope of Nursing in US. The session was very useful to all young Nursing buds. More than 300 students attended the session and benefited.

E-LEARNING

Students are instructed to download the app “Bhasha Sangam” in their android phone to learn more than 100 sentences of common usage, both in text and audio format in 22 Indian languages. The coordinators took in charge, motivated and ensured that all the students are installed the app. The students were also instructed to install DigiNerve and Nursing Next Live app to prepare for the competitive exams.

DIGITAL CLASS ROOMS

The Teaching-Learning pedagogy used in the classrooms is digital enabled and all classrooms are fitted with LCD projectors , sound systems. smart Board and TV Enabled. The lecture halls extended to accommodate up to 150 students



CELEBRATIONS & CULTURALS

NAVARATHRI CELEBRATION OCTOBER 2022

Festivals brought happiness, faith, devotion, and a sense of unity to everyone. The celebration started by offering prayers and chanting in front of the idol of Goddess Navdurga. Everyone was dressed in traditional dresses and groomed exquisitely. All the bright-colored fabrics made the event appealing. The commemoration started by offering prayers to Goddess Navadurga, followed by lighting lamps. Various rituals like Puspanjali and Aarti were conducted with great devotion and fidelity



LAMP LIGHTING AND OATH-TAKING -CEREMONY OCTOBER 2022

The Lamp Lighting and oath-taking ceremony is a tribute to “Florence Nightingale – the Lady with the Lamp.” This ceremony initiates the students into the noble profession of Nursing. The lamp lighting signifies the firm decision of these young students to be trained to care for the sick and wounded persons. The lighting of the lamp symbolizes the transfer of knowledge, skills, and spirit of Nursing among students.

The 16 th Lamp lighting and oath-taking ceremony of BSc (N) Students were organized on 29th October 2022.



Dr. K. SANTHA ARULMOZHI, M.D, DA Dean, Government Medical College, and Hospital, Namakkal was invited as chief guest and Dr.Palani G Shanmugaraj, MBBS, FRCS, FICS ,UK, invited as Guest of honor. A total of 100 students were rendered into the profession by taking the oath and lit the lamp.



FRESHER'S DAY CELEBRATION -NOVEMBER 2022

The purpose of the Freshers Party is to welcome new students in a friendly atmosphere and to encourage their creative impulses to boost their confidence. It is the day when seniors and juniors finally bond and unite to celebrate being part of the college. Students of First Year B.Sc (Nursing) were welcomed with a blast to this party which was organized by Senior Nursing Students 2021-2022, 2020-21, and 2019-2020. The inauguration anchoring was led by Princy Philip and Nandana Umesh of 2nd year nursing students. The correspondent and Dean (AA) felicitated the students. All the Principals of the PGP group were invited and congratulated the freshers. After the winding up of the inauguration program, cultural events prepared by seniors which were led by 2nd year nursing students.



FAREWELL PARTY NOVEMBER 2022

A Farewell meeting was organized by the junior students for final-year students. After the final examinations, all the students of IV years were given a farewell Party. College is the second home of the students and the students are the heartbeat of the College. So, all Final Year students were present at the farewell ceremony. Especially, the students of III Year arranged the whole ceremony.

The Iv-year students expressed their gratitude towards their beloved teachers. Some of them delivered speeches relating to their experience in College. Then the Programme came to an end with the color ful cultural , organized by the juniors.



THANKSGIVING PARTY 2022

Thanksgiving day was organized by our Final Year students to Teachers and friends in our College. At its heart, It holds a deep sense of gratitude. It is as it sounds, a day to “give thanks.” Final year Donated a sound system to the college and for their Juniors to enjoy their future endeavors.



CONSTITUTION DAY CELEBRATION-NOVEMBER 2022

Our college celebrated the Constitution Day (Samvidhan Divas)" on November 26th, 2022 at Seminar Hall. On this occasion, an important part of the celebration, the esteemed Principal Prof. V Shenbagalakshmi read the Preamble of the Indian Constitution. On this special day Principal conducted intra collegiate Quiz competition and preached the oath to the students and teachers .Winners were bagged with prizes. Correspondent Mr.M.,Ganapathy Rd(IFS) Distributed the prizes to the winners.



DRUG AWARENESS DAY- NOVEMBER 2022

The department of Community Health Nursing collaborated with Velur Sub division Police Dept of Tamilnadu Organized 'Drug-awareness" programme on 23.11.2022. The Superintendent of Police ,Paramrthi Velur taken over the session and Created awareness about Drugs among all the students.He given his phone number to call at any time for any clarification and information.



CHRISTMAS CELEBRATION DECEMBER 2022

Christmas festival was celebrated with great ardor and cheer in our college on 22.12.2022. The students showcased their talents through Christmas play, song, and dance. Chanta distributed gifts and sweets to the students. Christmas message was delivered by Prof.V.Shenbagalakshmi, Principal, Mr M.Ganapathy, Correspondent, Dr.K.Periasamy Dean (AA) & Dr.S.Thilagarani, Principal College of Education. Snacks and savories were distributed to the students. The event was funded by the Student Nurses Association unit of PGP College of Nursing

FOUNDERS DAY CELEBRATION 2023

On account of the founder's day Celebration, a Culturo Harvest Intra college Cultural competitions were organized for PGP group students. Students showed their talents in all competitions. Many Onstage and Off Stage Competitions were conducted. All students enthusiastically participated and enjoyed the intra-college competitions."Icon of PGP " overall champion of PGP Culturo harvest 2023 was PGP College of Nursing and Research.



PONGAL DAY CELEBRATION JANUARY 2023

The Students of PGP Nursing celebrated Pongal on January 13, 2023. They had an amazing time marking the Pongal festivities before they broke off for their Pongal vacations. They were smartly dressed in colorful ethnic wear and they performed many enthralling songs and dances. As part of the celebration, 'Chakara Pongal' was prepared in clay pots and distributed to the Students, Teachers, and Support Staff. The entire campus was with the festive look with colorful Rangoli, decorated Pongal pots, sugarcane, and other decorations enhancing the festival spirit. The highlight of the day was the Thappattam drum play and indigenous games like breaking the pot.

REPUBLIC DAY CELEBRATION 2023

We celebrated the 74th Republic Day with full fervor and patriotism. Mr.M. Ganapathy , Correspondent, unfurled the National Flag and the Republic Day speech was given by him. Furthermore, Dean & Principals, from our group of colleges and all our students graced the event. Our beloved Dean and Principals shared their words of patriotism.



WOMEN'S DAY CELEBRATION MARCH 2023

International Women's day celebration was organized by our College on 8th March 2023. The program commenced with a welcome address by Principal Prof Mrs.V.Shenbagalakshmi. Our Correspondent Presided over the Function. A special Tamil Pattimandram was organized by our SNA unit. The Topic was

**“பெண்களின்
முன்னேற்றத்திற்கு
காரணம், பெண்களா !!!
ஆண்களா !!!**

The speakers spoke eloquently. The Patti Mandram was led by Dr. S.Thilagarani, Principal of BEd College who acted as the judge and gave valuable suggestions on the topic. The participants of the event are Mr, Karthik, Mr.Naveen, Ms.Nandhini, Ms. Hemalatha and Mr.ManiBharathi of B.ScN I year. She concluded the event with a note that

**பெண்களின்
முன்னேற்றத்திற்கு
காரணம்,பெண்களும்,
,ஆண்களும்.** The students were received cheers and claps from the audience for expressing their thoughts and opinions. The event was funded by the Student Nurses Association unit .



PLACEMENT DETAILS

RAMAKRISHNA HOSPITAL NOVEMBER-2022

Ramakrishna Hospital conducted a Campus recruitment drive on 16th November 2022. The panel of two members, Mr. Deepak & Ms. Nisha came for searching suitable talent by conducting student interviews for Staff Nurses. The Panel members were welcomed with bouquets as a token of appreciation and respect. Panel members were very keen on conducting a Campus recruitment drive next year



APOLLO HOSPITAL RECRUITMENT

Apollo Hospitals conducted a Campus recruitment drive on 12th November 2022 for Final year Students for the post of Staff Nurses. A panel of Four members came for conducting student interviews. Thirty-Five 35 students qualified after the group discussion. Qualified students were then interviewed, and results were declared after the interview round was completed. Overall experience and feedback of the Apollo team were very positive, Their objectives were fulfilled by our students. Students were happy because they know that working with Apollo is the right environment to grow and achieve their career goals



STUDENT PLACEMENT DETAILS

ACADEMIC YEAR 2021 - 2022

NAME OF THE STUDENT PLACED	NAME OF THE EMPLOYEE
Muthupandi.L	Poona Hospital & Research Centre,Pune
Gopalakrishnan.D	
Krithikrosan.K	
Kannan.P	
Nagavarthini.K	
Sharmila.K	
Priyanga.S	
Bakiyalakshmi.L	
Atchya.R.P	
Parthasarathi.M	
Prathap.S	
Siyamala	
Praneesh	
Kavya	

Thamaraikannan.S	Ramakrishna Hospital, Coimbatore
M.Mathanselvi.M	
Pavithra.S	
Devipriya.S	
Sandiya.S	
Arulsevi.C	
Vinnarasi	Kavery Hospital, Selam.
Prethisha.S	Medical coding, Kerala
Snehapraba.S	
Sowmiya.K	Miot International Hospital,Chennai.
Dharshni.C	
Eshkumar.N	Saveetha Medical college Hospital,Chennai.
Rangan.M	
Karthika.G	
Kiruthika	Narayana Hrudayalaya Hospital, Bangalore.
Ganga.D	Apollo Hospital,Karur.
Nandhini.D	

WORKSHOP, AND SEMINARS

WORKSHOP NEW SYLLABUS FOR PRINCIPAL

The workshop was organized by the TNNMC on the revised INC new syllabus at SRMC. Prof.V.Shenbagalakshmi.V Principal participated in the workshop and enlightened the faculties of the PGP College of Nursing by transforming the new knowledge and skills learned through the workshop. Instructed the faculties to incorporate the same in the curriculum planning of the upcoming batches



WORKSHOP ON REVISED IL'S NEW SYLLABUS-FOR FACULTY

The Stimulation Training Programme was organized by the TNNMC on a revised new syllabus in which simulation is mandatory. Mrs, Vanitha, Asst Prof. sponsored by our management and participated to train the technique. That was three days Programme. at apollo college Chennai. She learned all the simulation techniques incorporated in the curriculum.



GUEST LECTURE ON MENTAL HEALTH DAY OCTOBER 2022

On the 10th of October the psychiatric department of nursing college had celebrated “World Mental Health Day” with enthusiasm under the guidance of Lecturer- Mrs. Latha. The program was organized in the auditorium. Dr.Ajoy M D.(Psychiatric)and Mr.Pragadeesh, MSW (Applied Psychology) from Athama Hospital., invited as Resource Persons. They stressed on the problems of people living with Suicide tendency in community dwellings. They also focused on the preventive measures of Suicide..



ONE DAY SEMINAR NOVEMBER 2022

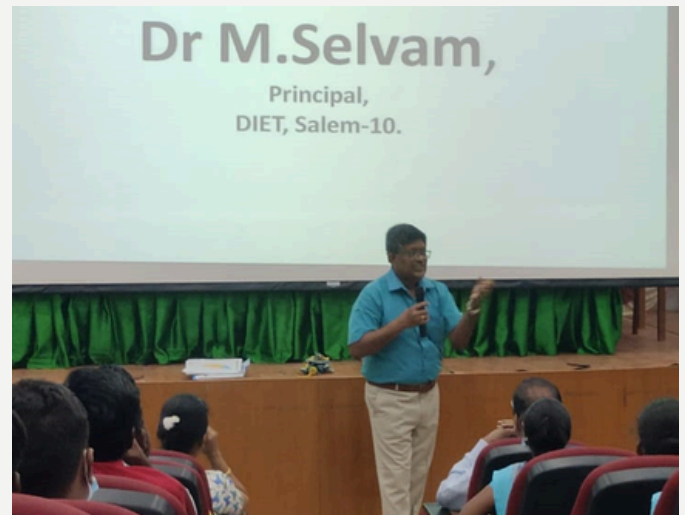
We organized a one day seminar on First Aid for Joint and Bone: on November 2022 at Auditorium.

The seminar focused on treatment and management of injured bone and joint. Nurses role in the injured bone and Joint. Namakkal District Ortho association Doctors are invited for the seminars which led by Dr. ShivaKumar MS.Ortho, MM.Hospital and Dr. Madan Kumar ,MS (Ortho) Imayam Hospital.More than 350 students attended the seminar and acquired knowledge on Bone and Joint.



FACULTY DEVELOPMENT PROGRAMME 2022

One day Faculty development programme was successfully conducted on 24 th December 2022. The resource person Dr.Selvam,PhD,Salem shared very important aspect to be considered in teaching-learning process. He highlighted the importance of learning and gave idea about domains of learning i.e. cognitive, affective, psychomotor and interactive. He shared his knowledge with participant using by power point presentation and various technique like giving examples etc.



SEMINAR ATTENDED DECEMBER 2022

Second year Nursing students went for a one-day National seminar on Innovative methodologies in nursing education at Vivekanandha college of nursing

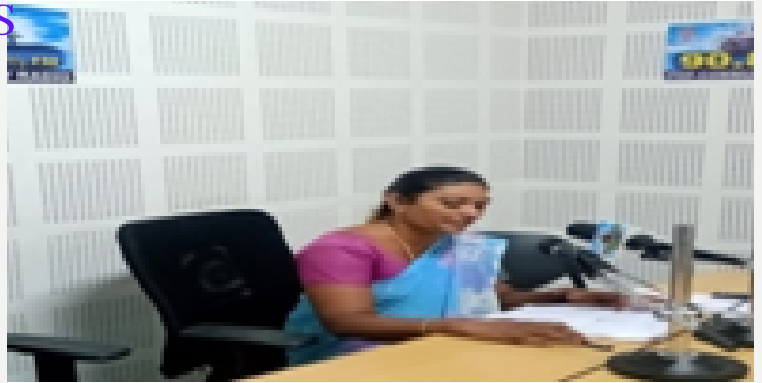


COMMUNITY ACTIVITIES

COMMUNITY FM RADIO ACTIVITIES

NOVEMBER 2022

The department of Community Health Nursing has taken extensive steps in conducting awareness programs through our college Community FM Radio 98.6. Regularly students show interest in telecasting awareness programs through FM Radio. Community faculties and Students show their interest in giving awareness programme in FM radio.



SCHOOL HEALTH PROGRAMME- MASS HEALTH EDUCATION

The department of Community Health Nursing organized School Health Programme on 13/11/2022 at Nallur village, Primary School. The programme was organized with the following objectives: To impart knowledge on personal hygiene and Environmental hygiene to bring changes by explaining good habits to be practiced. 150 school students and 5 school teachers attended the mass education. The event was funded by the Student Nurses Association unit of PGP College of Nursing.



WORLD DIABETES DAY

World diabetes day was inaugurated by Dr.Subha, Medical Officer Nallur PHC on 14.11.2022. The event was organized by the department of Medical-Surgical Nursing. The students have displayed food items to be taken and avoided by diabetic patients. They have also displayed charts related to diabetic-friendly diets and explained them on a one-on-one basis. They were also explained about lifestyle modifications required for all the diabetic patients who attended OPD. The food items were tasted by the patients and they learned different recipes to keep their diabetes under control.



NEW BORN CARE WEEK -

The department of Obstetrics and Gynecology Nursing has taken extensive steps to conduct an awareness program on New Born Care by involving IV-year students and Antenatal mothers. An awareness Puppet show was organized at Nallur PHC on 05/12/2022. They taught about breastfeeding and the prevention of infection in newborns. The event was coordinated by Mrs.Sivaranjani, Clinical Instructor of Obstetrics Nursing dept under the guidance of Tmt.P.Vashumathi, OBG Dept of



PGPCONR. More than 55 Antenatal mothers attended and benefitted from the show and they all enjoyed the puppet show. Small refreshment was organized by our students all antenatal mothers.



WORLD PATIENT SAFETY NOVEMBER 2022

The department of Obstetrics and Gynecology Nursing has taken extensive steps in conducting awareness programs on World Patient Safety Week by involving IV-year students, and Antenatal mothers. An awareness Talk was organized at Nallur PHC on 05/11/2022. They taught about safety precautions during the Antenatal period and the prevention of Complications during pregnancy. More than 25 Antenatal mothers attended and benefitted



AIDS DAY OBSERVATION DECEMBER 2022

As a part of the World Aids Day Celebration, our Medical Surgical Nursing Department in collaboration with the SNA UNIT conducted an awareness programme on December 1st, 2022 in Nallur PHC. The theme for the 2022 "World Aids Day was 'END INEQUALITY; END AIDS'. The Group Health Education was conducted in the form of a skit and



a dance. The programme was inaugurated by Dr. Sreedevi, Medical officer Nallur PHC. Second year nursing students with the guidance of Mr. Prasath, Tutor, participated in the rally on awareness of AIDS. Organized by Namakkal Government Hospital. It was inaugurated by the District Collector Mrs., Shreya Singh, IAS in the presence of Dr. Shantha Arunmozhi., Dean, Government Medical College and Hospital, Namakkal.



SCHOOL HEALTH PROGRAMME FEBRUARY 2023

The department of Community Health Nursing organized School Health Programme on 13/02/2023 at Nallur village, Panchayat Union Elementary School. The program was organized with the following objectives: To perform health screening, to detect any abnormalities at its early stage, and to bring health awareness in school children, to encourage the students to adopt healthy habits and inculcate positive changes by explaining good habits to be practiced. An anthropometric assessment was done and Role play on Road safety by B.Sc (N) IV Year students. The event was coordinated by Mrs. Vanitha, Assistant Professor, Department of Community Health Nursing.



CAMP CONDUCTION

BLOOD DONATION CAMP DECEMBER 2022

On 6th December 2022 PGPCONR, organized a blood donation camp. The camp was organized in collaboration with Government Medical college Hospital, NamakKal by the Medical-Surgical Department faculties to help the Cancer patients. . The Principal invited all donors to this camp. The Camp started around 9 o'clock in the morning, with donating blood. The entire PGP Group College students nearly 65 happily donated their blood to needy people. Apart from students, many common people also participated in this. The blood collected from this camp was given to the Government Hospital. The HDFC Bank arranged refreshments for those who donated blood to the camp. Students and other people who had participated in this blood donation camp were given certificates and a small gift hamper. To watch over the entire process and to collect the blood, a team of Three doctors from Government Medical College Hospital was put in charge. We would like to thank every blood donor of our camp. Our student's blood is truly a gift of life for many patients.



DENTAL CAMP MARCH 2023

The one-day free dental camp was organized in association with JKKN Dental College and Thugalgal Charitable trust on 20 March 2023. A team led by senior Dental surgeon, Dr.Naveen Raj, and 6 intern doctors carried out a comprehensive dental checkup on all the students in our group of institutions. The main aim of the camp was to provide basic dental health education to college students and motivate dental hygiene maintenance. Around 350 students from PGP group of Institutions were benefited from this educative and motivating dental health camp.



EXCURSION AND TOUR

ALL INDIA TOUR-JANUARY 2023

Every year Our college organizes educational tours, to help the students to extend their knowledge and develop their personalities. It helps students to explore unknown facts & provides immense happiness & a sense of satisfaction to them. This year in the month of January we arranged an All India Tour for Final year students. They visited Agra, Delhi, Amritsar, Waga and Kull, and Manali . They visited Delhi Apollo Hospital, Fortis Hospital and the Trained Nurses Association of India also.



ONE DAY TRIP -DECEMBER 2022

One day trip was organized by PGPCONR for Our II-year students on 7th December 2022 The tour comprised 100 students of B.Sc.Nursing II year accompanied by three faculties Mr.Libin Chacko,, Mr.Siddharth, and Ms.Jayachithra . The principal of the college wished all the students the best and safe journey. They Visited Aliyar Dam, Solayar Dam, Monkey Falls, and Tea Estates. They Communicated with Tribal people and came to know about their Lifestyles.They all had a safe and enjoyable journey with lots of information.

VISITS

SUPER SPECIALTY HOSPITALS VISIT

Our Final Year Nursing students, under the guidance of Mrs. Indhumathi and Ms. Dharani , Asst professors visited Gangaram Hospital ,Fortis and Apollo Hospital Delhi. on 30th January 2023 at as part of our educational learning experience. Matron of the hospitals explained about the different services of hospital. Students understood about various manpower required in the hospital and their roles and responsibilities at various levels



BOOK FAIR VISIT-MARCH 2023

Books are the treasure house of knowledge; a book stays with us like a good friend all the time. The book fair plays a significant role in the promotion of books. Nowadays people love to hold or attend book fairs as they are beneficial. 3 faculties & 100 students of 2nd year went Book Fair at Namakkal and Purchased needed Books for them.



VISITS

AAVIN DAIRY VISIT-MARCH 2023

Students of second-year B.Sc.Nursing visited Aavin on 20/03/2023. It is mandatory for the students who are in second year to visit a milk processing unit and explore Milk and dairy processing. Along with 3 faculties, 96 students of 2nd year went to Aavin dairy, Salem. Students were taken around the milk processing, packaging and delivery area. It took approximately an hour to go through the entire processing plant. Students were acquainted with all procedures happening in the unit and everyone had the awesome experience which they may utilize for further exploration and research in their domain of study.



Namakkal - 637 207.









WE ARE PROUD TO BE PGP NURSING STUDENTS.

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I attribute my success to
this - I never gave or took
any excuse.

Florence Nightingale



Kind words can be short
and easy to speak,
but their echoes are truly
endless

~Mother Teresa





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